

ORAL HYPERSENSITIVITY SCALE

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Level 1	<input type="checkbox"/> Tolerates minimal pressure and movement on the outside of the face <input type="checkbox"/> Can chew on item that is as firm as a finger at the back of the mouth less than 5 times in 5 seconds, bilaterally. <input type="checkbox"/> Gags 6 to 8 times a day or less with oral intake, touch to the face or within the mouth, often with reflux (throwing up) <input type="checkbox"/> Difficulty accepting adequate amounts of food and fluid by mouth
Level 2	<input type="checkbox"/> Tolerates pressure and movement for necessary activities on the face with minimal resistance (wash face, blow nose) <input type="checkbox"/> Can chew on item that is as firm as a finger at the back of the mouth 5 times in 5 seconds, bilaterally <input type="checkbox"/> Gags 4 to 6 times a day or less with oral intake or touch to the face, often with reflux (throwing up) <input type="checkbox"/> Consistently eats 4 ounces in 20 minutes of particular foods and fluids, but significant difficulty with unfamiliar foods and fluids
Level 3	<input type="checkbox"/> Tolerates pressure and movement on the face, but not within the mouth <input type="checkbox"/> Can chew on item that is as firm as a finger at the back of the mouth 10 times in 10 seconds, bilaterally <input type="checkbox"/> Gags 1 to 2 times a day or less, occasionally with reflux (throwing up) <input type="checkbox"/> Explores novel foods and fluids at least once each day, but may spit it out
Level 4	<input type="checkbox"/> Tolerates pressure and movement on the face and within the mouth, for routine activities <input type="checkbox"/> Can chew on item that is as firm as a finger at the back of the mouth 15 times in 15 seconds, bilaterally <input type="checkbox"/> Gagging 1 to 2 times a week or less which rarely results in reflux (throwing up) after gagging <input type="checkbox"/> Swallows at least 2 ounces of novel foods and fluids of various textures and tastes 5 or more times a week
Level 5	<input type="checkbox"/> Accepts pressure and movement on the face and within the mouth for novel activities <input type="checkbox"/> Can chew on item that is as firm as a finger at the back of the mouth 20 times in 20 seconds, bilaterally <input type="checkbox"/> Rarely exhibits gagging in response to pressure and movement on the face or within the mouth, or with foods or fluids. <input type="checkbox"/> Consistent adequate oral intake of a variety of foods and fluids of various textures and tastes